

Saint Agnes Parish
2024

Lent

A Time to Renew

To assist us in our journey through the desert of Lent, Saint Agnes Parish is offering the following opportunities for spiritual growth through the disciplines of PRAYER, FASTING, and ALMSGIVING.

We encourage *each and every parishioner* to take advantage of at least one of these opportunities; there's something every day! Remember, Lent is a time of *sacrifice* which helps us to grow in the spiritual life.

Give some of *your* time this Lent to grow closer to God and deepen your faith! *Fr. Dan and St. Agnes Team*

- 1. DAILY MORNING MASS** – The Sacred Mysteries are offered **each weekday at 7:30 AM**, and at **8AM on Saturday**. If your schedule permits, why not try to attend at least *once a week in addition to your Sunday obligation*? Every time that one shares in the celebration of the Eucharist, innumerable graces are gained and Heaven anticipated. Many people who attend daily Mass attest that they have a sense of peace, calm, and spiritual strength when nourished by the daily Eucharist. Through the Holy Mass we also become more familiar with the scriptures and we build community. While a work schedule may preclude daily Holy Mass for some, there are MANY retired persons or others who could offer at *least* an extra half-hour or forty minutes to the Lord!
- 2. ADORATION OF THE BLESSED SACRAMENT** – Spending quiet time with Jesus is invaluable and a sure way to super-charge your spiritual life. *Relationships only grow when we spend time together; our relationship with God is no different!* This is a *wonderful* opportunity to spend time with the Lord in quiet prayer, and to deepen your relationship with Him. Consider stopping in or even committing to a regular time by signing up for HEART. **Eucharistic Adoration takes place each Thursday at St. Agnes from 8AM to 7PM. Deacon Bill leads a preached Holy Hour at 6PM.**
- 3. SACRAMENT OF RECONCILIATION** – An important part of any Catholic's preparation for the JOY of Easter is to celebrate the sacrament of Reconciliation. This sacrament is a true gift from the Lord to bring healing. Regularly scheduled confessions are on **Saturdays at 1PM. Additional hours will take place during Lent on Thursdays from 5:30-7PM.** (EXCEPT Feb. 22 and March 21), and by appointment. The 2024 **Regional Penance Service** schedule is as follows:

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| Tuesday, March 19 | 6:30 PM | Immaculate Conception |
| Wednesday, March 20 | 6:30 PM | St. Elizabeth Ann Seton |
| Thursday, March 21 | 6:30 PM | Saint Agnes |
- 4. STATIONS OF THE CROSS** – The Stations are a powerful way to enter into and meditate on the suffering that Jesus endured for your and my salvation, and to unite our sufferings to his. This time-tested devotion will be offered **twice weekly** in our parish, daylight and evening. **Noon, Wednesdays and 7PM Fridays.** To sign up as a lay leader for Wednesday stations, please contact the office ASAP.
- 5. PRAY THE ROSARY WITH OTHERS** – Join with parish prayer groups after daily Mass, before Weekend Masses, on Mondays at 6:00 PM or on the 13th of the month at 6:00 PM. Or with your family at any time!
- 6. SERVICE** – We also encourage you to find other ways of service and almsgiving throughout the Lenten season. Visit the sick. Call an old friend. Make time to engage in some meaningful service. Donate to the foodbank, make a gift to our Diocesan Lenten Appeal or to some worthy cause. Many volunteers are always needed during the week or on Friday to help with our annual **FISH FRY on March 1-8-15-22!**

7. **FAITH SERIES** – There are many opportunities to deepen your knowledge of our faith together with fellow parishioners: (To volunteer to assist, please contact Mary Blythe).
- **RETURN. Mondays during Lent, at 6:45 in Resurrection Hall beginning February 12.** Together we will explore the book *How to Draw Your Child Back to the Faith*. We will draw from the research, spiritual insights, and practical types of *Word On Fire* author and evangelist Brandon Vogt to understand why so many have drifted away and to learn a game plan to help them home.
 - **KNOW HIM EVENT: *The Last Supper and the Gift of the Eucharist* and *Tools of the Crucifixion*.** Please make this event a priority for your family! These two self-guided experiences will help you to appreciate the Holy Eucharist and the Passion of Christ. Learn about the Crucifixion and venerate relics of the Passion. Hear from an expert Vatican art historian about the significance of the Last Supper through the paintings of Leonardo DaVinci and others. **Friday, February 23, 6:30 PM -8:30 PM, Saturday, February 24, 5:45 PM, Sunday, February 25, 10:00 AM – 2:00 PM; 6:30 PM – 8:00 PM, Monday, February 26, 6:30 PM – 8:00 PM.**
 - **EUCCHARISTIC MIRACLES EXHIBIT:** This self-guided display of approved miracles will deepen your faith in the Holy Eucharist. It was assembled by Italian teenager Blessed Carlo Acutis and we hope you will stop in! **February 16 – 26, 8:00 AM – 9:00 PM in Resurrection Hall. Self-Guided Tours, come and go as you are able.**
 - **OUR LENTEN JOURNEY,** an evening with Father Dan on **Tues., March 5, 7PM in Resurrection Hall.** Share faith and discuss the history of and how to make more of the season of Lent.
 - **THAT MAN IS YOU:** A group of men from the parish meet every **Saturday morning at 8:30 AM** to discuss faith, family, and grow in friendship. Contact Ken Glick at 724-858-5598.
 - **CHRISTIAN MOTHERS' and LADIES' GUILD LENTEN EVENING OF RECOLLECTION, February 27, 6:00 PM in Resurrection Hall.** Hear guest speaker Carol Kamela reflect on her depiction of the Eucharist and how this can relate to the life of Christian Women.

8. **LENTEN EVENINGS OF REFLECTION WITH BISHOP KULICK (6PM)**

- Tue., Feb. 20 - St. Bartholomew, Crabtree “Believe in the Gospel”
- Tue., Feb. 27 – Holy Family, West Newton “This is My Beloved Son”
- Monday, March 4 – Church of the Good Shepherd, Kent “Stop Making My Father’s House a Marketplace”
- Monday, March 11 – SS Cyril & Methodius, Fairchance “Everyone Who Believes in Him May Have Eternal Life”
- Wed., March 20 – Christ, Prince of Peace, Ford City “We Would Like To See Jesus”.

9. **OTHER OPPORTUNITIES** – A number of other opportunities are connected to our parishes this Lent:

- **FORMED** there are an abundance of materials on FORMED to grow your spiritual life. Select a study, movies, audio drama, scripture reading, or faith series and enjoy with loved ones.
- **40 DAYS FOR LIFE** – Saint Agnes has reserved two prayer vigils on Wednesday, February 28, 11:00 AM – 1:00 PM; Tuesday, March 19, 11:00AM – 1:00 PM. This is a peaceful and prayerful way to witness to the dignity of each life by praying silently outside of the Planned Parenthood on Liberty Avenue in Pittsburgh. Contact Audrey Glick at 412-554-2454 with any questions.



10. **SACRED PASCHAL TRIDUUM** – Plan to attend all or part of the Sacred Paschal Triduum. This is the most important time of the year for us as Catholics. Be intentional in observing it as such in your family.

Your help is also needed to facilitate a prayerful Lent for all. To help or volunteer with any of these Lenten offerings, at the Know Him Series or Eucharistic Miracles Exhibit, to serve as a server or lector at Stations, or to volunteer for the Fish Fry, or please contact the office. *Lenten blessings!*